



OREGON PSYCHIATRIC ASSOCIATION
Winter CME Conference

**THE PSYCHIATRIST AS PHYSICIAN:
Updates in Medicine and their
Implications for Psychiatry**

march 5-6, 2010

Crowne Plaza Portland Convention Center

THE PSYCHIATRIST AS PHYSICIAN: Updates in Medicine and their Implications for Psychiatry

Times and titles subject to change. *A 10-15 minute question and answer session included with each presentation.*

friday, march 5

Updates in health care reform

- 8:00-8:45 AM David A. Pollack, MD—How mental health fits in the overall health reform picture
- 8:45-9:30 AM Peter Gibson, MD, FRCPC—Canada's health system: what it is (and isn't)
- 9:30-9:45 AM Break
- 9:45-10:30 AM James H. Scully, Jr, MD, APA Medical Director—National health care reform
- 10:30-11:30 AM Health care reform panel (w/Drs. Pollack, Gibson, Scully)
- 11:30-11:45 AM Break

Updates in medicine

- 11:45-1:00 PM WATERMAN LUNCHEON: Rick Meyers, RN, CHPN—Multidisciplinary pain management; a different approach to a chronic problem
- 1:00-2:15 PM DICKEL LECTURE: Kevin Hill, MD—Can't live with 'em, can't live without 'em: the relationship between psychiatry and the pharmaceutical industry
- 2:15-3:00 PM Daniel Marks, MD—Childhood and adolescent obesity
- 3:00-3:15 PM Break
- 3:15-4:00 PM Kyle Johnson, MD—Obstructive sleep apnea in children and adolescents
- 4:00-5:30 PM BRIAN BUSS LECTURE: Kent Neff, MD

saturday, march 6

- 8:00-9:30 AM Peggy Pazzaglia, MD—Neuropsychiatric disorders and traumatic brain injury
- 9:30-10:30 AM Jonathan Emens, MD—Sleep disorders and insomnia
- 10:30-10:45 AM Break
- 10:45-11:45 AM Nehama Dresner, MD—Post-partum disorders: focus on pharmacology
- 11:45-1:15 PM OPA Business Luncheon Meeting
- 1:15-1:30 PM Break
- 1:30-2:30 PM Pritham Raj, MD, FACP—Thyroid updates for the practicing psychiatrist: subclinical hypothyroidism and replacement and/or augmentation strategies
- 2:30-3:30 PM Charles J. Bentz, MD, FACP—Addressing tobacco dependence (smoking cessation)
- 3:30-3:45 PM Break
- 3:45-4:45 PM William Raum, MD, PhD—Update on the treatment of obesity
- 4:45-6:00 PM Hosted wine and beer reception with light appetizers

faculty

Charles J. Bentz, MD, FACP, Associate Professor and Medical Director; School of Physician Assistant Studies, Pacific University

Nehama Dresner, MD, Associate Professor of Clinical Psychiatry & Obstetrics Gynecology, Northwestern University Feinberg School of Medicine; Director, Wellsprings Health Associates, Chicago, IL

Jonathan Emens, MD, Assistant Professor of Psychiatry, OHSU

Peter Gibson, MD, FRCPC, Clinical Associate Professor, Dept., of Psychiatry, Faculty of Medicine, University of British Columbia; Consultant Psychiatrist with Vancouver Community Mental Health Services in Vancouver, BC

Kevin Hill, MD, Psychiatrist-in-Charge, McLean Hospital Alcohol and Drug Abuse Treatment Program; Instructor in Psychiatry, Harvard Medical School

Kyle P. Johnson, MD, Associate Professor, Departments of Psychiatry & Pediatrics at OHSU

Daniel Marks, MD, Associate Professor, Pediatric Endocrinology, OHSU

Rick Meyers, RN, CHPN, Director, Mid-Valley Pain Clinic; Salem, Oregon

Kent Neff, MD, Psychiatrist in Portland, Oregon

Peggy Pazzaglia, MD, Associate Professor, Texas A&M University

David A. Pollack, MD, Professor for Public Policy, Departments of Psychiatry, Public Health & Preventive Medicine, Family Medicine, and the Division of Management, OHSU

Pritham Raj, MD, FACP, Medical Director OHSU Internal Medicine Practice

William Raum, MD, PhD, Director Medical Services Legacy Weight Management Institute; Director Research Oregon Weight Loss Surgery; Private Practice in Portland, Oregon

James H. Scully, Jr, MD, Medical Director and Chief Executive Officer, American Psychiatric Association

registration form

Oregon Psychiatric Association
37th Winter CME Conference

March 5 & 6, 2010—Crowne Plaza Portland Convention Center

THE PSYCHIATRIST AS PHYSICIAN: Updates in Medicine and their Implications for Psychiatry

Registrant Information

NAME: _____ DEGREE: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE: _____ EMAIL: _____

Check one: Physician Allied Health Professional Resident Student

Registration *(Please circle appropriate category)*

	OPA/APA Member	MD/Ph.D	Masters/NP/PA	Bachelors	Resident/Student
Full Conference	\$275	\$375	\$275	\$200	\$0
One Day Only	\$150	\$220	\$150	\$120	\$0

Meal functions – check those you will attend

Waterman Lunch (Friday) - \$25

Vegetarian

OPA Business Lunch (Saturday) - \$25
(for OPA Members only)

Registration \$ _____

Meals \$ _____

Total Due \$ _____

Attendees may reserve lodging before February 10 by calling the Crowne Plaza Portland Convention Center at 503-233-2401 and request the Oregon Psychiatric Association room rate of \$119.00 single/double. The Crowne Plaza Downtown Convention Center is located at 1441 NE 2nd, Portland, Oregon.

CUT-OFF DATES

February 10 – Lodging
February 26 – Pre-Registration

Complete and mail or fax this form with payment to the OPA Office by **Friday, February 26, 2010**
Make check payable and send to: Oregon Psychiatric Association, P.O. Box 2042, Salem, OR 97308
Telephone: 503-370-7019 or 1-800-533-7031 • Fax 1-503-587-8063 (Salem)

Paid by: Check Visa Mastercard American Express

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Oregon Psychiatric Association
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Salem, OR 97308-2042

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EDUCATIONAL OBJECTIVES

At the conclusion of this activity, the participant should be able to: Recognize other national models for universal health coverage and be aware of key mental health related issues that should be considered and included in any comprehensive health reform initiatives at the state or federal level; understand how the Canadian Health System is structured, including the historical facts behind it, its five guiding principles, and how mental health services are delivered in British Columbia; understand the impact of Federal Health Reform on the practice of psychiatry, the issues for patients and families, and the changes in graduate psychiatric and other medical specialties due to reform legislation; understand how chronic pain and acute pain affect a person's wellbeing differently, identify comorbid conditions that occur with chronic pain, and understand the usefulness of a multidisciplinary team approach in treating it; understand the historical marketing tactics and strategies used by pharmaceutical companies, identify recent policy changes affecting the relationship between academia and industry, and identify ways to become more aware of potential marketing influences; demonstrate a knowledge of the basic physiology of weight regulation and the syndromes associated with alterations in appetite in children and adults, understand behavioral influences on eating behavior, and the psychological impacts and implications of childhood obesity; demonstrate a basic understanding of sleep physiology, the epidemiology of insomnia and differential diagnosis for symptoms, understand the evidence-based treatments for insomnia including both hypnotics and cognitive-behavioral treatments; understand the diagnostic and treatment issues in post partum disorders, specifically risk factors, psychosocial and pharmacologic interventions; demonstrate a working knowledge of the major treatment options for obesity, identify the indications and contraindications for these treatments, and know what measures are needed in follow-up to ensure the best outcome; discuss appropriate pharmacotherapy for tobacco cessation.

ACCOMMODATIONS

For hotel reservations, call the Crowne Plaza Portland Convention Center 503-233-2401 and request the Oregon Psychiatric Association room rate of \$119.00 single/double. Reservations must be made no later than February 10 to receive this special rate. The hotel is located at 1441 NE 2nd, Portland Oregon.

CONFERENCE PACKETS

Attendees may pick up their conference packets at the registration table. Registrations must be received no later than Friday, February 26, to have a packet available at registration. After that date, please plan to register on site.

DEADLINES

Registration forms must be received in the OPA office no later than Friday, February 26, in order to have a packet with prepared name badges available at registration. After that date, please plan to register on site. Lodging reservations must be made no later than February 10 in order to receive the special room rate for OPA attendees.

CME CREDIT

The Oregon Psychiatric Association is accredited by the Oregon Medical Association to sponsor continuing medical education for physicians.

The OPA designates this educational activity for a maximum of 14.75 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

OPA designates 8.25 Category 1 credits for Friday, March 5 and 6.5 Category 1 credits for Saturday, March 6.